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AIR FORCE OFFICER QUALIFYING TEST (AFOQT)
RETESTING EFFECTS

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Submitted for publication by

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This publication is primarily a working paper. It is published solely to document work performed.

SUMMARY

The Air Force Officer Qualifying Test (AFOQT) is a paper-and-pencil aptitude battery. Test results are used to make selection decisions based on Verbal (V) and Quantitative (Q) composite scores and classification decisions based on Pilot (P) and Navigator-Technical (N-T) composite scores. Retests are not permitted until after 6 months, unless the applicant can show the first testing did not reflect his/her true ability. A relatively large number of waivers of the 6-month requirement are granted. This study addressed the benefits of retesting by comparing retesters with non-retesters and by determining the effects of retaking the AFOQT over various time intervals.

Subjects were applicants for officer training who tested on Form 0 of the AFOQT between October 1981 and December 1983. This included 2,246 retesters and 42,776 non-retesters. The retesters were divided into four groups who were retested (a) in less than 6 months, (b) from 6 to 11 months, (c) from 12 to 17 months, and (d) after 18 months. T-test results indicated that retesters' initial scores were significantly lower than those of non-retesters and that they differed significantly among groups defined on the basis of time interval between retest. Regression analyses were performed to determine whether the four retest groups showed differing score gains. Retest scores were higher than initial test scores for all groups on all composites. The groups differed in amount of gain in P and N-T but not on the V and Q composites. The less-than-6-months group showed the largest gain, followed by the 6-to-11-months group. The 12-to-17-months group showed the least gain.

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It was concluded that candidates who obtain a waiver benefit most by retesting, especially those applying for pilot and navigator training. Whether these findings stem from the candidates' having a valid reason for a waiver or from learning effects is not clear. Further research is needed to clarify time and composite effects associated with AFOQT retesting. However, practice effects would be minimized by allowing retests only after 12 months.

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PREFACE

This work was completed under Task 771918, Selection and Classification Technologies, which is part of a larger effort in Force Acquisition and Distribution. It was subsumed under work unit number 77191847, Development and Validation of Civilian and Non-rated Officer Selection Methodologies. This work unit was established in response to Air Force Regulation (AFR) 35-8, Air Force Military Personnel Testing System.

I want to express my thanks to the personnel of the Technical Services Division, especially Jim Brazel, Jim Friemann, and Cal Fresne, without whose help this paper would not have been possible.

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AIR FORCE OFFICER QUALIFYING TEST (AFOOT) RETESTING EFFECTS

I. INTRODUCTION

The purpose of this research and development (R&D) effort was to investigate the effects of retesting on the Air Force Officer Qualifying Test (AFOQT). The AFOQT is a paper-and-pencil aptitude test battery used to make selection and classification decisions for Air Force officers. It was of special interest to determine the effects of retaking the AFOQT in less than 6 months. Air Force Regulation (AFR) 35-8, Air Force Military Personnel Testing System, dated March 1978, stated that an individual may not retest on the AFOQT in less than 4 months. However, in April 1983, this regulation was revised to increase the retesting restriction to 6 months. A retest is now permitted in less than 6 months if officially requested through the Major Command Test Control Officer (MAJCOM TCO) to the Air Force Military Personnel Center (AFMPC/MPCYPT) and approved. Approval of this waiver depends upon whether an individual can provide justification suggesting that the results of the first administration of the AFOQT did not reflect his/her true abilities. Examples of a valid reason for a waiver include illness and a recent death in the family. Because there was some ambiguity regarding the optimal time interval between the initial test and the retest, this investigation was undertaken to determine the effects of retesting over various time intervals.

The consistency of aptitude retest scores depends on (a) the extent to which aptitude changes and (b) test reliability. In theory, retesting on an aptitude test should result in no changes in scores if there were no changes in the underlying aptitude and the test was perfectly reliable. However, it is naive to assume that environmental influences do not affect individuals between tests to cause changes in aptitude. Humphreys (1978) even suggested that neither aptitude nor achievement should be used as labels on any test because of a disparity between theory and practice.

In fact, there is evidence that suggests scores on aptitude tests such as the AFOQT will improve over time due to both internal and external factors. A study was conducted by Christal (1984) in which he administered the AFOQT to members of an Air Force Reserve Officer Training Corps detachment every other year for 4 years. It was shown that the greatest gains were in the spatial subtests. These increases were followed by those in the numeric subtests while the verbal subtests showed the least amount of gain.

Other studies dealing with the effects of retesting on aptitude tests have compared the scores of retesters with those who do not retest. Givner, Klintberg, and Hynes (1980) examined the effects of retesting on the Medical College Admission Test by comparing retesters with non-retesters. They found that while there was some improvement in scores for retesters, their initial and retest scores were significantly less than those of examinees who did not retest. Similar findings were reported by Alderman (1981) for the Scholastic Aptitude Test (SAT).

Another problem of measuring change in aptitude tests is the reliability of the testing instrument. According to Cronbach and Furby (1970), any change in test performance, as measured by subtracting a pretest score from a posttest score, could lead to fallacious conclusions. The reason is that this change is systematically related to error of measurement. That is, individuals who score low initially would tend to score higher on any subsequent test whereas high scorers would tend to score lower. This tendency is called regression toward the mean. However, problems in interpreting measures of change may be avoided by taking into account standard error of measurement. The phenomenon of regression toward the mean and how to deal with it is discussed more fully by Cohen and Cohen (1975).

This investigation took two approaches to the problem of retesting. First, the retesters were divided into samples that had 6-month increments between tests. In this manner, maturation and/or learning effects could be studied along with the effects of waiving the 6-month restriction prescribed in AFR 35-8. Secondly, retesters' scores were compared with scores of those who did not retest. This was done to determine whether the average scores of retesters differed from the average scores of those who did not retest. It is likely that individuals who retested represent a self-selected group and therefore can be expected to be different from non-retesters.

II. METHOD

The subjects were examinees tested on AFOQT Form 0 between October 1981 and December 1983. The subjects included examinees who retested on the AFOQT during this time as well as those who tested only once. Further, only Officer Training School (OTS) candidates were included as subjects. About 9% of these subjects were females, and approximately 80% had at least a college education and were between the ages of 21 and 27. Since the purpose of this R&D was to analyze differences among individuals retested below 6 months, those who retested above the 6 month point, and non-retesters, the subjects were assigned to the following samples:

Sample R_{1-5} - Individuals who retested less than 6 months after first test (N = 312).

Sample R_{6-11} - Individuals who retested at least 6 months but less than 12 months after first test (N = 1,300).

Sample R_{12-17} - Individuals who retested at least 12 months but less than 18 months after first test (N = 443).

Sample R_{18-27} - Individuals who retested 18 months or more after first test (N = 191). None was retested more than 27 months after first test.

Sample R_{6-27} - Individuals who retested 6 months or more after first test (N = 1934).

Sample MR - Individuals who did not retest (N = 42,776).

The variables used in the analysis were Short Battery scores on five composites derived from 16 subtests which make up the AFOQT. Short Battery scores are a subset of all the items in the AFOQT and were used for decision making prior to January 1984. The composites are Pilot, Navigator-Technical, Academic Aptitude, Verbal, and Quantitative. Two sets of scores were obtained on each subject except for the non-retesters. Composite scores were percentiles ranging from 1 through 99. For the purposes of this study, these variables were labeled as follows:

- P₁ Pilot composite score on first testing.
- P₂ Pilot composite score on second testing.
- $N-T_1$ Navigator-Technical composite score on first testing.
- $N-T_2$ Navigator-Technical composite score on second testing.
- AA1 Academic Aptitude composite score on first testing.
- AA2 Academic Aptitude composite score on second testing.
- V₁ Verbal composite score on first testing.
- V2 Verbal composite score on second testing.
- Q_1 Quantitative composite score on first testing.
- Q_2 Quantitative composite score on second testing.

Statistical techniques used for the data analysis included independent and dependent t-tests for differences between means. T-tests for related means were computed to detect differences between the two administrations of the AFOQT. Independent t-tests were used to compare the means between samples. As 120 t-tests were computed, the accumulation of Type I error in performing multiple t-tests was a potential problem. This was avoided by adopting a stringent level of significance (.001).

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Linear models analysis was also used to predict what scores the retesters would have received on the second administration if their initial scores were held constant between samples. Linear models analysis is a technique in which a full model is compared with a restricted model through the use of F-tests. If no significant differences are found between the full and the restricted models, the restricted model can predict the criterion as well as the full model and is therefore used. If significant differences are found, the full model must be used to predict the criterion. A complete explanation of this procedure may be found in Ward and Jennings (1973). A diagram showing the full and restricted models, as well as how the determination was made as to which models to use in this research, is shown in Appendix A.

III. RESULTS

Table 1 and Figure 8-1 show the mean AFOQT composite scores for each sample. Comparing sample R_{1-5} and sample R_{6-27} , percentile scores were found to be higher when individuals retested 6 months or more after the first test, as opposed to less than 6 months after the first test. A second general trend is seen when one compares mean scores among retest samples that were broken into 6-month increments. Sample R_{1-5} generally had the lowest mean scores of all samples on both administrations. Means for sample R_{6-11} were higher than those of sample R_{1-5} , but sample R_{12-17} means were generally lower than those of sample R_{6-11} . The highest mean scores were found in sample NR while sample R_{18-27} had the largest means among the retesters.

	Samples								
Composites	(N = 42,776) NR	(N = 312) R ₁₋₅	(N = 1,300) R ₆ -11	(N = 443) R ₁₂ -17	(N = 191) R ₁₈₋₂₇	(N = 1,934) R ₆₋₂₇			
P ₁	46.97	30.04	33.72	33.54	41.64	34.46			
P ₂		44.56	46.70	43.63	51.96	46.52			
N-T ₁	46.59	27.66	31.28	30.32	39.74	31.90			
N-T2		40.83	43.28	39.76	49.19	43.06			
AAj	47.67	25.28	28.08	28.14	38.41	29.11			
M ₂		35.98	38.87	37.09	47.66	39.33			
v ₁	52.47	33.21	35.34	36.26	45.00	36.51			
v ₂		43.06	44.47	44.30	52.79	45.25			
Q ₁	44.49	24.26	27.23	26.25	36.30	27.90			
02		34.06	37.31	34.10	44.59	37.29			

Table 1. Mean AFOQT Composite Scores

Independent t-tests were computed among the means of all samples shown in Table 1. The results, reported as level of significance obtained, are presented in Table 2. As shown in the first five rows of the table, mean scores for non-retesters were significantly higher than those for retesters in all samples on both the initial and second administration of the AFOOT. Two exceptions were noted in the second administration of the Pilot composite and in sample R_{18-27} . Only in sample R_{12-17} was P_2 significantly lower than the non-retesters' Pilot score. The other exception was that the mean scores of sample R_{18-27} on all composites of the second administration did not differ from those obtained by sample NR.

Table 2. Level of Significance Between Samples' Mean AFOQT Scores

					AF001	Compost	tes			
Sample Comparisons	Pı	P2	N-T1	N-T ₂	AA ₁	AA ₂	Υ ₁	V ₂	01	Q ₂
NR vs. R1-5	.001	.088	.001	.001	.001	.001	.001	.001	.001	.001
NR vs. R ₆₋₁₁	.001	.704	.001	.001	.001	.001	.001	.001	.001	.001
NR vs. R12-17	.001	.008	.001	.001	.001	.001	.001	.001	.001	.001
NR vs. R ₁₈₋₂₇	.003	.012	.001	.185	.001	.996	.001	.872	.001	.959
NR vs. R ₆₋₂₇	.001	.449	.001	.001	.001	.001	.001	.001	.001	.001
R ₁₋₅ vs. R ₆₋₁₁	.006	.175	.007	.119	.024	.050	.165	.394	.024	.031
R1-5 vs. R12-17	.029	.627	.093	.569	.053	.526	.090	.523	.196	.982
R1-5 vs. R18-27	.001	.001	.001	.001	.001	.001	.001	.001	.001	.001
R ₁₋₅ vs. R ₆₋₂₇	.001	.208	.002	.150	.002	.022	.029	.173	.005	.029
R ₆₋₁₁ vs. R ₁₂₋₁₇	.881	.028	.420	.011	.955	.169	.492	.905	.395	.015
R6-11 VS. R18-27	.001	.008	.001	.003	.001	.001	.001	.001	.001	.001
R ₁₂₋₁₇ vs. R ₁₈₋₂₇	.001	.001	.001	.001	.001	.001	.001	.001	.001	.001

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Next, comparisons focused on examinees who retested in less than 6 months (sample R_{1-5}). As shown in the middle part of Table 2, two trends emerged from comparisons among sample R_{1-5} and the other three retest samples. Generally, scores for sample R_{1-5} were lower on the initial administration than those of other retesters. However, on the second administration, mean scores for examinees who retested in less than 6 months were significantly lower than those of only examinees who retested in greater than 18 months.

The final set of comparisons reported in Table 2 were made among the three retest samples to whom the AFOQT was readministered at the 6-month point or later. Only the comparison between samples R_{6-11} and R_{12-17} showed no significant differences in the initial administration of the AFOQT on all five composites. However, both samples scored significantly lower on most AFOQT composites on the initial and second administration than did sample R_{18-27} .

Table 3 shows the mean increases in composite scores for all samples. In every case, retest means were considerably higher than original test means. The largest increases generally occurred in sample R_{1-5} . Across all samples, the mean increase was the greatest for the Pilot and Navigator-Technical composites. The test-retest correlations for all retesters on each composite were as follows: Pilot = .812, Navigator-Technical = .852, Academic Aptitude = .853, Verbal = .880, and Quantitative = .775. These reliabilities were lower than expected, most likely due to the restricted variability in the sample.

Table 3. Mean Percentile Increase of AFOOT Scores
Between First and Second Administrations

Sample	N	Pilot	Nav-Tech	Academic Apt	Verbal	Quantitative
R ₁₋₅	312	14.52	13.17	10.71	9.85	9.80
R6-11	1 300	12.98	12.00	10.79	9.13	10.09
R12-17	443	10.09	9.44	8.95	8.03	7.85
R ₁₈₋₂₇	191	10.32	9.45	9.25	7.79	8.29
R ₆₋₂₇	1934	12.05	11,16	10.22	8.74	9.40

Note. Some of these figures vary slightly from Table 1 due to rounding, but all increases were significant at the .001 level.

Since the majority of samples showed significant differences among their initial scores, it became necessary to compute regression analyses to determine what their second scores would have been if their first scores had been the same. By doing this, the results could be analyzed as though each sample were drawn from the same population.

These analyses revealed curvilinear relationships on all five composites between the initial score and the second predicted score (see Appendix B). Group effects were found in the Pilot, Navigator-Technical, and Academic Aptitude composites but not in the Verbal and Quantitative composites. An interaction effect was apparent only with Academic Aptitude. The regression models found to be significant for the five composites were as follows: Model 3 for Pilot and Navigator-Technical, Model 1 for Academic Aptitude, and Model 2 for Verbal and Quantitative (see Appendix A).

The increase of scores at the 25th, 50th, and 75th percentiles, as predicted from the regression analysis, is shown in Table 4. It should be noted that a noticeable difference in predicted increases exists for those samples who retested in less than 12 months versus those who retested 12 months or more after the first administration. The largest predicted increases of the Pilot, Navigator-Technical, and Academic Aptitude composites occurred for samples R_{1-5} and R_{6-1} . Another finding was that the largest predicted increases were observed below the 50th percentile across all composites. This was entirely expected.

Table 4. Predicted Percentile Score Increases
on AFOOT Composites by Retest Interval

		Reteste	er Samples	
AFOQT Percentile	R ₁₋₅	R ₆₋₁₁	R ₁₂₋₁₇	R ₁₈₋₂₇
		Pilot		
25	16.5	14.9	12.2	13.2
50	15.9	14.3	11.6	12.7
75	8.5	7.0	4.3	5.3
	<u>N</u>	avigator - Tech	nical	
25	15.2	13.9	11.5	12.0
50	15.4	14.1	11.7	12.1
75	8.4	7.1	4.7	5.2
		Academic Aptit	ude	
25	10.9	12.5	10.4	10.4
50	9.6	13.0	10.0	10.9
75	7.9	6.6	4.6	7.0
		<u>Verbal</u>		
25	10.6	10.6	10.6	10.6
50	10.3	10.3	10.3	10.3
75	5.6	5.6	5.6	5.6
		Quantitative	<u>•</u>	
25	11.1	11.1	11.1	11.1
50	8.1	8.1	8.1	8.1
75	.8	.3	.3	.3

IV. DISCUSSION

All retesting produced significant increases in subjects' AFOQT scores. It then became interesting to speculate on what influences caused the increase in scores. Possible causes include regression to the mean, maturation, learning (i.e., practice effects and coaching), or different motivations for retesting. Each of these will be discussed in turn.

Regression to the mean cannot explain the magnitude of score increase observed in the retesters' scores. The AFOQT is a highly reliable test instrument with reliabilities ranging from .689 to .922 across the 16 subtests. Although the standard error of measurement (5.92) explains most of the change in the smallest mean percentile score increase (7.79), there are still other factors which may account for the differences.

It is highly unlikely that maturation could have caused the score increases in all samples. If that were the case, the score increases would have been greater as the time interval between tests increased. Additionally, it is doubtful that maturation could have occurred in less than 6 months. Maturation may have been a factor with the score increases in sample R_{18-27} , however. This was the only sample whose second AFOQT scores equaled the non-retesters' scores.

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When examining the effects of learning, two areas need to be considered. One is the practice effect of having recently taken the test, and the other is the effect of possible coaching between tests. In a study by Johnson, Flinn, and Tyer (1979), it was shown that spatial skills significantly improve with practice. The data in the present study showed the greatest gains in the Pilot and Navigator-Technical composites, which are largely composed of spatial tests. Furthermore, this effect was most pronounced with those subjects who retested in less than 12 months. Verbal and Quantitative scores were not as susceptible to change. A less likely cause of the increase in scores would be coaching. DerSimonian and Laird (1983) reported small but positive effects of coaching on SAT scores. That is, they changed true scores by teaching subject matter, not testwiseness tricks. Since the subjects in this study were as likely to be coached before the initial administration of the AFOOT as between administrations, this probably was not the cause of the increase.

Motivation for retaking the AF00T may have caused the increase in scores. Because the retesters had relatively low scores, their motivation surely was to increase their scores. The motivation to retake the AF00T in sample R_{18-27} may have differed from the other retester samples. According to AFR 35-8, individuals are required to retest if their scores are more than 2 years old and they are applying for commissioning or flying training. Therefore, sample R_{18-27} score increases may have been caused either because of their differing motivation or because they matured between tests.

The regression analysis accomplished to equate the initial scores on all samples supported the contention that learning did occur in the Pilot and Navigator-Technical composites. Some slight maturation effects were also shown in these composites in that sample R_{18-27} posted higher retest scores than did sample R_{12-17} . No group differences were found in the Verbal and Quantitative composites, which leads to the conclusion that these are the most stable of the aptitude indicators.

When the results of the regression analysis were compared with the obtained mean increase of scores in Table 3, two observations were made. First, the predicted increases corresponded with the obtained increases in the Pilot and Navigator-Technical composites. That is, the largest increases were found in sample R_{1-5} , followed by samples R_{6-11} , R_{18-27} , and R_{12-17} . Furthermore, there was a noticeable difference in score increases in these composites between those who retested above and below 12 months. Second, the predicted increase in scores was a

function of not only time between test administrations but also initial score level. That is, greater score increases may be expected at the 25th percentile than the 75th percentile. This was particularly relevant because the mean initial scores for all retesters across all of the composites were below the 50th percentile.

When mean scores of sample NR were compared with mean scores of all of the retester samples, the results showed that sample NR generally scored significantly higher than the retesters on both administrations. This indicates that personnel who decided to retest probably did so to increase their scores. Despite the increase of their scores, they would continue to be discernible from non-retesters, who posted higher scores.

The only exceptions to this finding would be in explaining the data from sample R_{18-27} and the second Pilot administration. Sample R_{18-27} may have had a different motive in retaking the AFOOT in that they probably did so to keep their scores current. P_2 scores were not different from sample NR's Pilot scores, which seems to indicate that some learning occurred in the Pilot composite subtests.

V. CONCLUSIONS

Two questions were addressed in this study. One concerned the effects of retesting over various time intervals. The other was whether retesters were similar to non-retesters. The following findings were obtained.

First, regardless of the time interval between administrations of the AFOQT, increases occurred. In the case of waiving the 6-month retesting restriction, whether the increase was due to learning or being valid cases for the waiver is debatable. The regression analysis showed that the highest gains were found for samples R_{1-5} and R_{6-11} . Moderate increases were also found for sample R_{18-27} , which indicated that some slight maturation effects possibly occurred. However, if a goal of retesting is to minimize the effects of practice, then the minimum time to allow retesting is 12 months after the first administration. This is especially critical for those individuals applying for pilot or navigator training.

Also, the linear models analysis revealed that the amount of gain depends not only on time between tests but also on initial score. Since most retesters score low initially, large improvements in AFOOT scores may be expected. However, only in marginal cases would retaking the AFOOT substantially improve an individual's chances of being selected into OTS given the competitive nature of today's recruiting environment.

Finally, individuals who retested were a highly self-selected group. Although retesters' scores were improved by taking the AFOQT again, they still did not equal non-retesters' scores, and retesters were discernible from non-retesters. Therefore, even though large increases in scores may be expected with retesting, those increases would not be sufficient in most cases to change an applicant's chances of being selected into OTS. However, given the large increases in Pilot scores, especially of those who retested in less than 12 months, pilot classification decisions may be altered by retesting.

Future research is indicated from these results. In a follow-up study, subjects should be randomly assigned to four groups after initial administration of the AFOOT. One group would retest shortly after the first test. The other groups would retest 6, 12, and 18 months later. This paradigm would control different motivation factors for retesting (i.e., illness on the first test, keeping test scores current) while measuring learning and maturation effects.

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APPENDIX A: SPECIFICATIONS FOR MULTIPLE LINEAR REGRESSION ANALYSIS

Table A-1. Model Specifications

lodei		Component Predictors
1	γ'	$= U + G_1 + G_2 + G_3 + G_4 + Apt + Apt^2 + G_1Apt + G_1Apt^2$
		+ G_2Apt + G_2Apt^2 + G_3Apt + G_3Apt^2 + G_4Apt + G_4Apt^2
2	γ¹	= U + Apt + Apt ²
3	Y'	$= U + G_1 + G_2 + G_3 + G_4 + Apt + Apt^2$
4	y'	= $U + G_1 + G_2 + G_3 + G_4 + G_1 Apt + G_2 Apt + G_3 Apt + G_4 Apt$
5	Y'	= U + G ₁ + G ₂ + G ₃ + G ₄ + Apt
6	٧٠	= U + Apt
7	γ'	= U + G1 + G2 + G3 + G4
	<u> </u>	These seven models were run for each of the five composites.

Y' - predicted second score

U - unit vector

 $\mathbf{G}_{\mathbf{1}}$ - membership in Sample $\mathbf{R}_{\mathbf{1}-\mathbf{5}}$ coded 1 if a member; Ø otherwise

 ${\bf G_2}$ - membership in Sample ${\bf R_{6-11}}$ coded 1 if a member; ${\bf \emptyset}$ otherwise

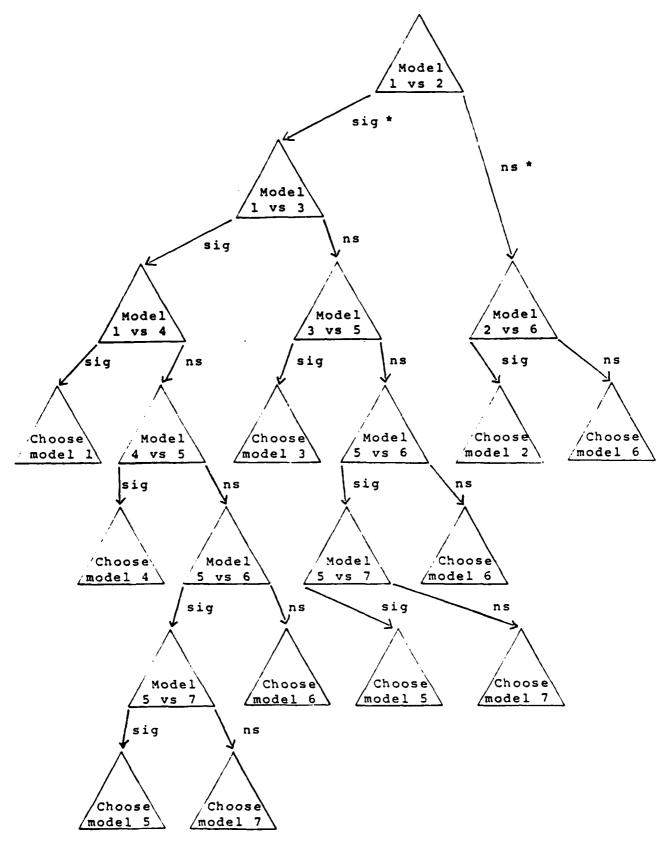
 G_3 - membership in Sample R_{12-17} coded 1 if a member; Ø otherwise

 ${\sf G_4}$ - membership in Sample ${\sf R_{18-27}}$ coded 1 if a member; Ø otherwise

Apt - one of the five composite scores

Apt² - composite score squared

 G_{1-4} Apt - interaction term G_{1-4} Apt² - squared interaction term



* sig = significant; ns = not significant.

Figure A-1. Sequential F-test Comparisons.

APPENDIX B: CURVILINEAR RELATIONSHIPS ON FIVE COMPOSITES INITIAL VERSUS RETEST SCORE COMPARISONS

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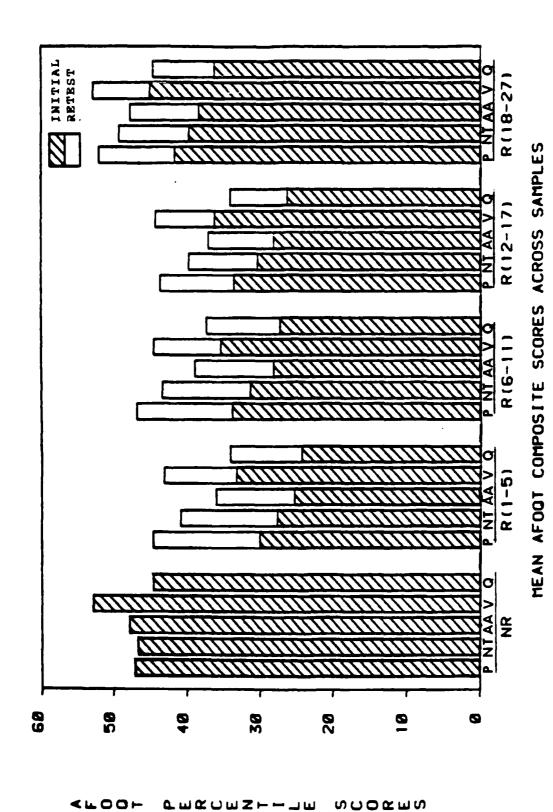


Figure B-1. Initial versus Retest Score Comparisons.

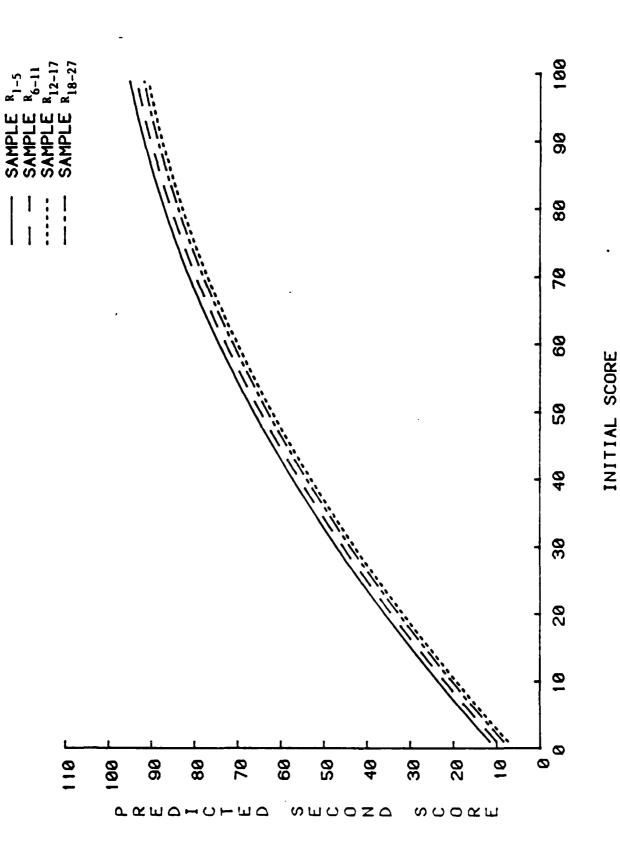


Figure B-2. Pilot Composite Regression Lines.

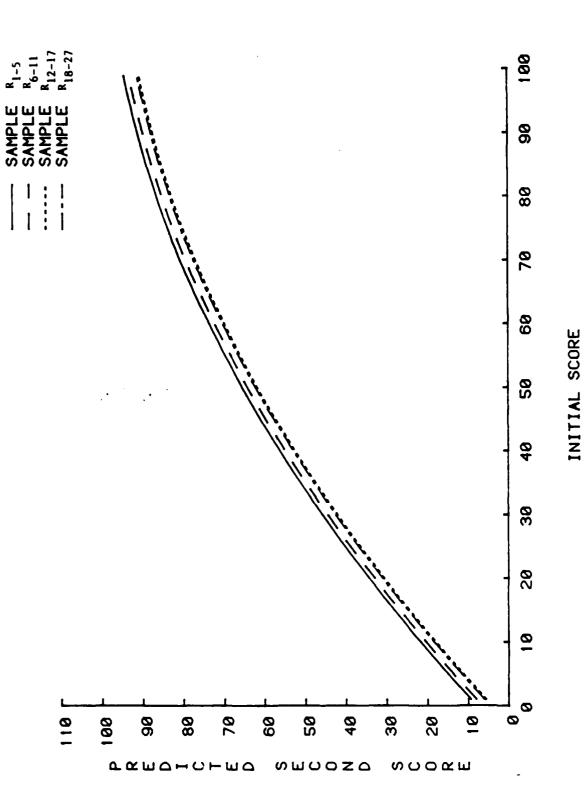


Figure B-3. Navigator-Technical Composite Regression Lines.

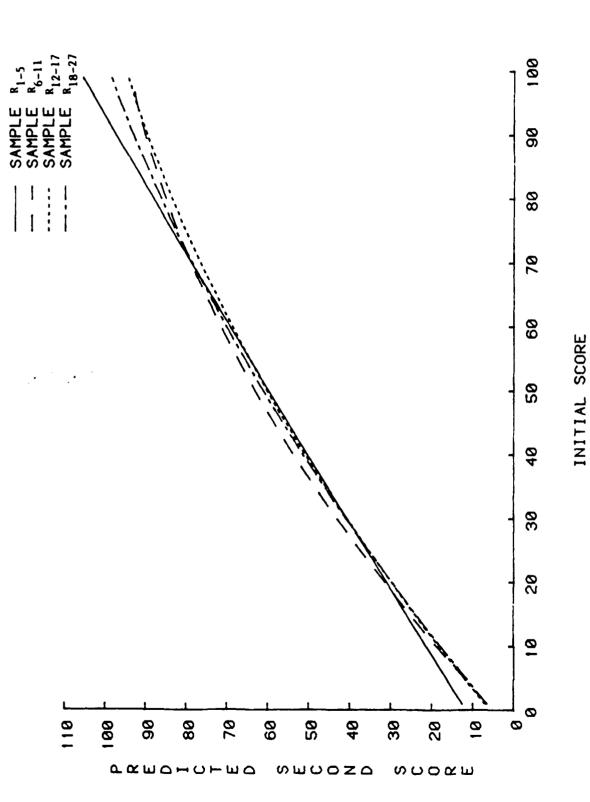


Figure B-4. Academic Aptitude Composite Regression Lines.

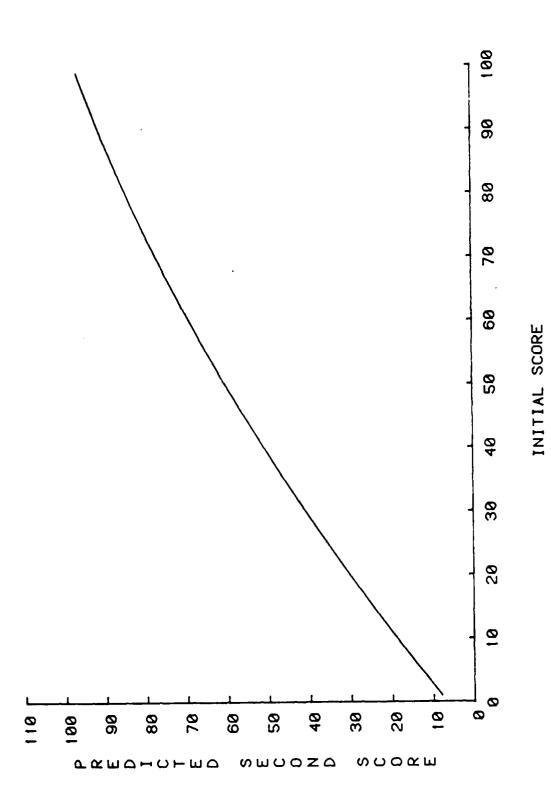


Figure 8-5. Verbal Composite Regression Line.

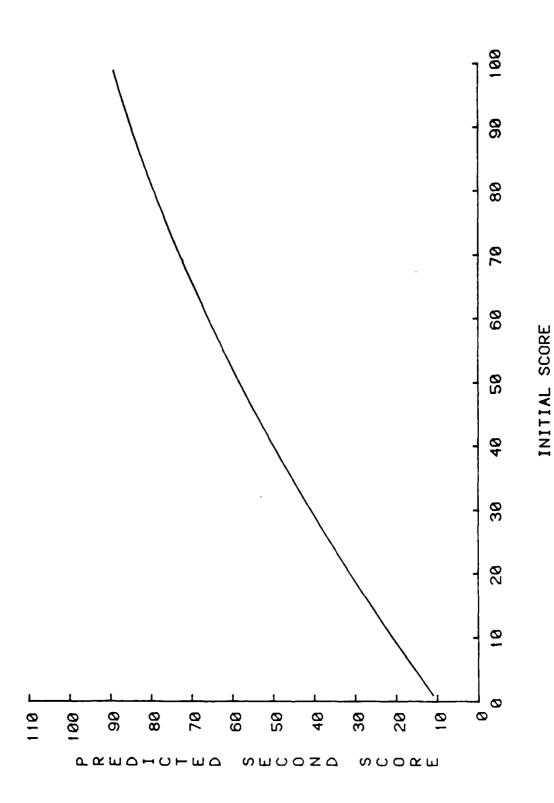


Figure 8-6. Quantitative Composite Regression Line.